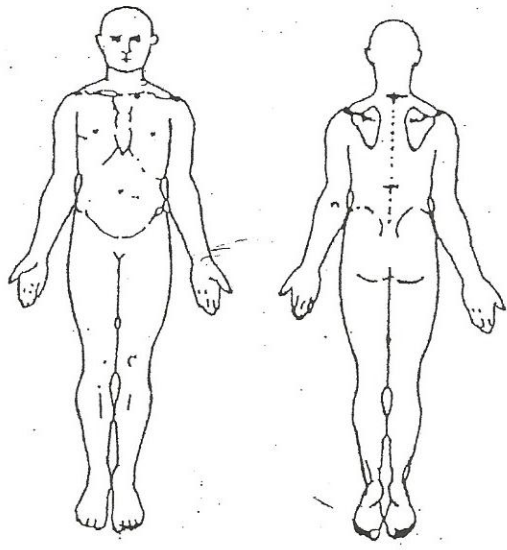


Name: \_\_\_\_\_ Date: \_\_\_\_\_  
Injury Area: \_\_\_\_\_

\* Please answer each question as accurately as possible. This form will assist the therapist with your evaluation!

### I. Present Status:

1. When did the pain start? \_\_\_\_\_
  2. How bad is the pain on a scale of 1-10, 10 being the worst. Please circle below.  
1 - - - - 5 - - - - 10
  3. Where is the pain now? (Circle the area on the chart)
  4. Did the pain spread? \_\_\_\_\_
  5. Do you have any pins and needles, tingling feelings or numbness?  
\_\_\_\_ No \_\_\_\_ Yes: Where: \_\_\_\_\_
  6. What activities or movements makes the pain worse?  
\_\_\_\_\_
  7. What eases your pain, (i.e. ice, massage?) \_\_\_\_\_
  8. Can you get comfortable at night? \_\_\_\_ No \_\_\_\_ Yes
  9. How do you feel when you wake up?  
\_\_\_\_ Stiff \_\_\_\_ Sore \_\_\_\_ Fine
  10. Once you start moving about does the pain  
\_\_\_\_ Worsen \_\_\_\_ Ease \_\_\_\_ Remain the same
  11. What is the pain like at the end of the day?  
\_\_\_\_ Worse \_\_\_\_ Better \_\_\_\_ The same
  12. Does coughing or sneezing affect you pain? \_\_\_\_ No \_\_\_\_ Yes
  13. What is your least comfortable position? \_\_\_\_\_  
What is the most comfortable position? \_\_\_\_\_
  14. Have you had headaches since this injury/onset? \_\_\_\_ No \_\_\_\_ Yes
  15. Have you received any treatment(s) for this current problem? \_\_\_\_ No \_\_\_\_ Yes  
If you checked yes, please describe: \_\_\_\_\_ Did the treatment(s) help? \_\_\_\_ No \_\_\_\_ Yes
  16. Are you presently taking medications for this problem? \_\_\_\_ No \_\_\_\_ Yes
  17. At the present time, do you think you are getting \_\_\_\_ Better \_\_\_\_ Worse \_\_\_\_ The Same
  18. What test(s) have you had? (x-ray, CAT scan, MRI): \_\_\_\_\_
- Are you currently working? \_\_\_\_ No \_\_\_\_ Yes If you chose yes, type of work \_\_\_\_\_
  - Limited work level \_\_\_\_\_



### II. Previous History

- Prior to this injury/onset were you completely free of symptoms? \_\_\_\_ Yes \_\_\_\_ No
- Had you ever had anything similar to this injury/onset? \_\_\_\_ No \_\_\_\_ Yes  
If you answered yes, please describe and answer the following questions : \_\_\_\_\_  
Are your symptoms becoming more frequent? \_\_\_\_ No \_\_\_\_ Yes  
Are your symptoms becoming more severe? \_\_\_\_ No \_\_\_\_ Yes  
Are your symptoms changing/different? \_\_\_\_ No \_\_\_\_ Yes Describe: \_\_\_\_\_  
What usually causes these episodes? \_\_\_\_\_  
Were you hospitalized for your injury? \_\_\_\_ No \_\_\_\_ Yes
- Is there anything else that you think your therapist should know? (i.e. other medical problems):  
\_\_\_\_\_  
\_\_\_\_\_